

Support Your Child's Success in Prekindergarten

Form the Habit of Good Attendance

Punctuality in school sets the tone for a day of adventures, learning, and friendships. By showing up on time, kids kickstart their day with a bang, dive into exciting activities, and never miss a beat in class or on the playground. Plus, being a regular attendee sends a powerful message about the value of education. Teachers can keep tabs on progress, provide a helping hand, and build strong bonds with those who show up like clockwork, paving the way for bright futures.

What you can do:



Establish a Routine

- Wake up at the same time each day
- Have a healthy breakfast
- Create a calming bedtime routine
- Involve children in creating the routine to empower them to take ownership
- Regularly review and adjust the routine to meet their evolving needs, foster security and time management skills



Make Attendance a Priority

- Attend school except when genuinely sick
- Missing school means missing valuable learning experiences
- Each day offers opportunities for growth and education



Positive Reinforcement

- Praise your child for milestones (e.g., a week or month without absences)
- Implement a reward system, use small incentives like stickers or extra playtime
- Emphasize the importance of regular attendance to highlight the role of attendance in their learning and growth





Set Attendance Goals

- Aim for perfect attendance for a week or a month
- Offer rewards or incentives for meeting attendance goals
- Celebrate small milestones with a special family outing or a favorite treat
- Keep motivation high through positive reinforcement



Communicate with the Teacher

- Stay informed about classroom activities and interactions
- Engage in discussions about the school day
- Address concerns promptly and act quickly to resolve any issues and support your child effectively



Talk About School Positively

- Ask open-ended questions like: "What was the most interesting thing you learned?" or "Tell me about a fun moment with your friends"
- Show active listening and enthusiasm to make your child feel valued and understood



Address Anxiety or Concerns

- Listen actively to their concerns and reassure them that it's okay to feel anxious
- Collaborate with the teacher and school counselor if needed to help your child feel more comfortable and secure
- Validate your child's feelings to show understanding and support for their emotions



Stay Healthy

- Promote a balanced diet
- Ensure regular sleep
- Encourage good hygiene practices
- Staying healthy reduces illness and school absences, which lays the groundwork for lifelong well-being and success

