## SECTION III

## Resources

## Motor Abilty, Perceptual-Motor Development, and Psychomotor Test liems

These items and activities can be used in assessing motor performance, including fine motor and perceptual motor.

## Balance Dynamic/Static

Balance board activities
Beam/Rail/Bench walks
Bounce board activities
Locomotor activities
Stepping stones
Stunts/Self-testing activities
Balance Object
Camy object
Finger/Band activities
Stick a ctivities
Fine Motor Coordination
Grasping
Gripping
Manipulating
Gross Motor Coordination
Eye-Foot
C limbing
Kic king a ctivities
Motor planning/sequencing
Rope jumping

## Gross Motor Coordination

Eye-Hand
Ball/Bean bag activities
Catching/throwing activities Manipulative/Ma nual a ctivities
Motor planning/sequencing
Target activities

## Gross Motor Coordination <br> General

Calisthenic activities
Tumbling/Ap paratus a c tivities

Gross/ Motor Fundamental Movements
Balancing
Batting
Bouncing
Catching
C limbing
Crawling
Dancing
Galloping
Hopping
Jumping
Kic king
Landing
Leaping
Lifting
Marching
Pulling
Pushing
Rolling
Running
Sliding
Skipping
Sta nding
Striking
Swinging
Throwing
Tossing
Walking

## Miscellaneous

Agility
Conceptual activities
Endurance (Cardiovascular and muscular)
Rhythm
Speed
Strength

## Assessment Tools

The following instruments a re examples of a ssessment tools commonly used.

## Test Name <br> Brigance Diagnostic Inventory

Ohio State University Scale of Intra Gross Motor Assessment (OSU-Sigma)

Bruininks-O seretsky Test of Motor Proficiency
I Can Program
I Can Fundamental Skills
Test
Test of Gross Motor
Development (TGMD)
Movement Pattems
Achievement Profile

(MPAP) $\quad$| Peabody Motor |
| :--- |
| Development Sc ales |

Body Skills
Prudential Fitness Gram
New York State Health-
Related Physical Fitness
Test

Project Unique: Physical Fitness Test

## Population

O-7 years

Pre-14 years

41/2-141/2 years

Elementary
$3-10$ years
nomaland delayed
21/2-5 years with physical
handicap
$0-7$ years
$5-17+$ all years
$5-18$ years

10-17 years sensory, orthopedic ally impaired

## Measurement

Psychomotor, gross, fine, gen. knowledge, speech and language, early academic skills, perambulatory motor skills

| Gross motor | Mohican Publishing Co. <br> PO Box 295 <br> Loudonville, OH 44842 |
| :---: | :---: |
| Gross \& fine motor | Publishers Build ing Circle Pines, MN 55014 |
| Gross, locomotor, mythm, object control, a nd projection | Hubbard Scientific Co. <br> PO Box 104 <br> Northbrook, IL 66065 |
| Gross, locomotor, and manipulative | Pro-Ed Publishing Co. 5341 Industrial Oaks Blvd | Austin, TX 78757

AAHPERD Public ations 1900 Association Drive Reston, VA 22091

Institute on School Lea ming and Individual Differences
George Peabody College
Nashville, TN 37203

American Guidance Service
Circle Pines, MN 55014
Cooper Institute for Aerobic Research 12330 Preston Road Dallas, TX 75230

NYS Education Department Office of State Assessment Room 771 EBA Washington Avenue
Albany, NY 12234
Human Kinetics Publishers, Inc.
Box 5076
Champaign, IL 61820

## Physical Educaton Medical Recommendation Form

TO DR. $\qquad$ DATE:

All students registered in the schools of New York State are required by New York State Education Law and Commissioner's Regulations to attend courses of instruction in physical education. These courses must be adapted to meet individual student needs if the student has medical limitations. This means that a student who is unable to participate fully in their physical education program must have activities modified to meet his/her individual needs.

Your patient, $\qquad$ , is registered in this school district and has indicated an inability to participate fully in the physical education program. To assist us in designing a program adapted to meet his/her individual needs, would you kindly complete this form and return it to his/her school. Thank you for your cooperation!

Indicate with an $\mathbf{M}$ where a modification is recommended. Indicate with an $\mathbf{N}$ where no participation is recommended:


Modific ations recommended: $\qquad$
This is to certify that I have examined the above patient and recommend that his/her physical education program be modified according to the above until
(Date)
Are there any exercises or activities you feel would be beneficial to the student in the recovery process?

Yes___ No ___ If so, what? $\qquad$

Additional Physician's Remarks (on back)
(Physic ian's Signature)
(Date)
NOTE: This report will be attached to the student's health record with duplicates sent to the parent/guardian, physical education teachers, and director of physical education and Committee on Special Education when appropriate.

## Rating Scale for Adapied Physical Education Program

## NAME OF SCHOOL:

## ADDRESS:

## LEVEL: NUMBER OF STUDENIS ENROШED IN ADAPIED P.E.

## PRINCIPAL

## DIRECTOR OF PHYSICAL EDUCATION:

 REVIEWED BY:
## DATE:

## Introduction

The purpose of the rating scale is to assist school personnel to improve the adapted physical education program.

When properly guided and developed, physical education becomes a purposeful and vital part of a student's school education, it aids in the realization of objectives concerned with the development of favorable self-image, creative expression, motor skills, physic al fitness, knowledge, and understanding of human movement. A student must have an opportunity to participate in a well-conceived, well-taught learning experience in physical education to become a fully functioning individual. To achieve these objectives, the essentials of a quality program of physical education need to be identified.

The rating scale is designed for self-appraisal use. It may be modified to meet the needs of local school districts.

## Use and Interpretation of the Scores:

The rating scale is comprised of a series of ratings of the major areas that should concern school personnel involved in the adapted physical education program. There are six sections to the rating scale: Curriculum, Required Instruction, Attendance, Personnel, Facilities, and Administra tive Procedures.

The person(s) completing the assessment should consider the criteria statement in terms of the degree of achievement that exists for the program. The rating score is on a scale from 0 to $4 ; 0$ meaning inadequate achievement and 4 meaning fully achieved with excellent results. Each section can be rated by the total section score and a program overall rating can be obtained by totaling all sections of the rating scale.

A careful analysis should be made of each statement, section and overall rating to determine the areas in need of improvement. The interpretation of the score for each sta tement is:

O - INADEQUATE/ extremely limited
$\underline{1}$ - POOR/exists but needsa great deal of improvement
$\underline{2}$ - FAIR/a dequate but needs some improvement
3-GOOD/well done and only needs periodic review
4 - EXC ELLENT/ has a chieved outstanding results

## RATING SCALE FOR ADAPIED PHYSICAL EDUCATION

| Inadequate | Poorr <br> $(2)$ | Fair <br> $(3)$ | Good <br> (4) | Excellent <br> $(5)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |

## Section I-Cumic ulum

1. The goals and objectives of the school district plan for physic al educ a tion include adapted physical education.
2. Provision is explic itly made for adapted physicaleducation in the school district physical education plan.
3. There exists a definition of adapted physical education which is in accor dance with State and federal requirements.
4. Adapted physic al education may include students with disabilities as well as students without disabilities.
5. There exists a variety of activities to meet unique student needs.
6. Instruction in adapted physic al education is based upon a curiculum guide which encompasses adapted physical education content.
7. Instruction for all students is distributed among the following areasin accordance with students' needs and abilities.
a. Basic Movement
b. Creative Movement
c. Rhythms and Dance
d. Games and Sports
e. Gymnastics
f. Outdoor Living Skills
g. Motor Skills
h. Perceptual-Motor Skills
i. Physic al Fitness

## j. Aquatics

8. Appropriate literature and other resource materials regarding adapted physical education are made a vailable to professional staff.

RATING SCALE FOR ADAPIED PHYSICALEDUCATION

|  | Inadequate <br> $(1)$ | Poor <br> $(2)$ | Fair <br> $(3)$ | Good <br> $(4)$ | Excellent <br> $(5)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |

9. Students with disabilities a re provided equal opportunities in intra mural, extra mural, or extraclass a ctivities.
10.There is an annual evaluation of the instructional program in adapted physical education.
11.Guidelines pertaining to adapted physical education are evaluated at least every five years.
12.There is a procedure for reporting student status and progress.
10. The progress of students is continuously mea sured.
14.Cumulative records pertaining to the physical education of each student are maintained.
Section II - Required Instruction
11. All students not receiving regular physi cal education have an adapted physical education program.
12. No student with a disability is excused from physical education or adapted physical education because of partic ipation in extrac lass programs unless approved by the school's Committee on Special Education, physic al educ ation staff, and school administration.
13. The frequency and duration of adapted physical education must be in accordance with Section 135.4 of the Commissioner's Regulations.
14. Physical education instruction is made available to every sudent with a disability

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RATING SCALE FOR ADAPIED PHYSICALEDUCATION

|  | Inadequate <br> $(1)$ | Poor <br> $(2)$ | Fair <br> $(3)$ | Good <br> $(4)$ | Excellent <br> $(5)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Section IV - Personnel |  |  |  |  |  |

1. Instruction in adapted physical education for students a ges 5-21 is provided by a certified physical education teacher.
2. Physic al educators teaching adapted physical education who have not completed at least 12 semester hours of formal higher educ ation in adapted physical education have access to appropriate resource personnel.
3. Physical educ ators teaching adapted physic al education formore than $50 \%$ of their teaching load have completed at least 12 semester hours of formal study in adapted physical education, or have a concentration in adapted physical education from an accredited college or university.
4. Supervision and coordination of all phases of adapted physical education (instruction, intramurals, extraclass programs, intersc holastic a thlet ics) is provided by a director, certified in physical education and administrative and supervisory services.
5. Extrac lass a ctivities are provided under the supervision of personnel meeting State requirements and approved by the Board of Education.
6. Aides, where a ppropriate, are provided for instructional classes in physical education.
7. The qualific ations of tea cher a ssistants are in accordance with appropriate State regulations.
8. The school physic ian or fa mily physician may submit suggestions for a ppropriate activities in which a student may participate when medical rea sons are given to limit partic $i$ pation.

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RATING SCALE FOR ADAPIED PHYSICALEDUCATION

|  | Inadequate | Poor | Fair | Good | Excellent |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 9. Teachers of physic al educ a tion are involved in making recommendations for students with disa bilities rega rding adapted physical education. |  |  |  |  |  |
| Section V - Facilities |  |  |  |  |  |
| 1. Students receiving adapted physical education have equal access to facilities required to provide equal opportunity forprogrammatic benefits. |  |  |  |  |  |
| 2. Indoor facilities for adapted physic al education: |  |  |  |  |  |
| a. Have adequate clearactivity space. |  |  |  |  |  |
| b. Provide a safe environment for activity. |  |  |  |  |  |
| c. Have appropriate flooring and satisfac tory finish. |  |  |  |  |  |
| d. Have adequate lighting. |  |  |  |  |  |
| e. Have adequate acoustical conditions. |  |  |  |  |  |
| f. Have protective padding on walls. |  |  |  |  |  |
| g. Have suffic ient ceiling clearance |  |  |  |  |  |
| h. Have adequate ventilation. |  |  |  |  |  |
| 3. Equipment and supplies required for reasonable accommodations are provided. |  |  |  |  |  |
| 4. Forstudents receiving adapted physical education, the dressing, showering, and drying a reas include: |  |  |  |  |  |
| a. Adequate space forpeak load periods. |  |  |  |  |  |
| b. Floors constructed to allow for accessibility and maintenance of safe and clean conditions. |  |  |  |  |  |
| c. Lockers of propertype and sufficient quantity. |  |  |  |  |  |
| d. Sufficient number of shower heads. |  |  |  |  |  |
| e. Adequate ventilation. |  |  |  |  |  |

RATING SCALE FOR ADAPIED PHYSICALEDUCATION

|  | Inadequate (1) | $\begin{gathered} \text { Poor } \\ (2) \\ \hline \end{gathered}$ | Fair (3) | Good (4) | $\underset{(5)}{\text { Excellent }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| f. Adequate lighting |  |  |  |  |  |
| g. Adequate heating. |  |  |  |  |  |
| h. Adequate benches, mirrors, and toilets. |  |  |  |  |  |
| i. All fa cilities are clean, sa nitary, and in operable condition. |  |  |  |  |  |
| 5. The outdoor adapted physical education facilities are designed for effective instruction and safety. They a re: |  |  |  |  |  |
| a. Readily accessible. |  |  |  |  |  |
| b. Free from safety hazards (glass, holes, stones). |  |  |  |  |  |
| c. Properly fenced or enclosed for safety and effic ient usage. |  |  |  |  |  |
| d. Properly surfaced, graded, and drained. |  |  |  |  |  |
| e. Laid out and marked for a variety of a c tivities. |  |  |  |  |  |
| f. Properly equip ped (playground struc tures, backstops, physical fitness equipment, etc.). |  |  |  |  |  |
| Section VI - Administrative Procedures |  |  |  |  |  |
| 1. Class sizes for students with disabilities receiving adapted physical education must be consistent with the IEP. |  |  |  |  |  |
| 2. Teachers' aides for adapted physical education are provided in accordance with the student's IEP. |  |  |  |  |  |
| 3. The Committee on Special Education usescertified physical educators to a ssess physic al educ ation sta tus for IEP development when unique physicaleducation needsare suspected. |  |  |  |  |  |
| 4. Students with disabilities are integrated into regular physical education classes to the maximum extent appropriate. |  |  |  |  |  |
| 5. Students with disa bilities are provided reasonable accommodations in physical education classes. |  |  |  |  |  |

RATING SCALE FOR ADAPIED PHYSICALEDUCATION

|  | Inadequate <br> (1) | $\begin{gathered} \text { Poor } \\ (2) \\ \hline \end{gathered}$ | Fair <br> (3) | $\begin{gathered} \text { Good } \\ (4) \\ \hline \end{gathered}$ | $\underset{(5)}{\text { Excellent }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 6. All students with disa bilities suspected of having unique needs in physical education are referred to the CSE. |  |  |  |  |  |
| 7. Physical educ ation is included in the IEP of every student with a disability. |  |  |  |  |  |
| 8. Students are referred to the CSE and receive APE on the basis of objective criteria. |  |  |  |  |  |
| 9. The physical education a bilities of all students not partic ipating in regular physical education are a ssessed by a physical educator. |  |  |  |  |  |
| 10. Staff implementing adapted physic al education are provided inservice education regarding adapted physical education. |  |  |  |  |  |
| 11. The annual budget request for adapted physical education is prepared on the basis of an inventory of needs specified in individua lized education programs. |  |  |  |  |  |
| 12. The adapted physic al education budget includes State and federal monies earmarked for instruction of students with disabilities. |  |  |  |  |  |
| 13. A variety of up-to-date reference materials are provided forteachers providing adapted physical education. |  |  |  |  |  |
| 14. The school district plan includes provisions for extracuric ular programs for qualified students. |  |  |  |  |  |
| 15. Students with disabilities are provided assistive technology devices and services as appropriate. |  |  |  |  |  |

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## Selfcted Sporis Org anizations and Foundations thatServe IndiVIDUALS With Disabilmies

## Achilles Track Club

42 West 38 Street, 4th Floor
New York, NY 10018
(212) 354-0300

Fax: (212) 354-3978
Americ an Alliance for Health, Physic al
Education, Recreation, and Dance
1900 Association Drive
Reston, VA 22091
Americ an Diabetes Association
National Service Center
1660 Duke Street
Alexandria, VA 22314
American Foundation for the Blind
15 West 16th Street
New York, NY 10011

## Americ an Juvenile Arthritis Organization <br> National Office <br> 1330 West Peach Tree <br> Atlanta, GA 30309 <br> (404) 872-7100

## Amputee Sports Association

PO Box 60129
Savannah, GA 31420-0129

## Braille Sports Foundation

Room 301
730 Hennepin Avenue
Minneapolis, MN 55402
Children with Attention Defic it Disorder 499 NW 70th Avenue, Suite 308
Plantation, FL 33317
(954) 587-3700

Council for Exceptional Children 1920 Association Drive
Reston, VA 22091

## Disabled Sports USA

451 Hungerford Dr., Suite 100
Rockville, MD 20850
(301) 217-0960

Epilepsy Foundation of Americ a
4351 Garden City Drive
Landover, MD 20785
(301) 459-3700

## Leaming Disabilities Assoc iation of New

York State
90 South Swan Street
Albany, NY 12210
(518) 436-4633

Muscular Dystrophy Association
810 Seventh Avenue
New York, NY 10019
National Association of the Deaf
814 Thayer Avenue
Silver Spring, MD 20910
National Association of the Physic ally
Handic apped
1601 N College 71
Fort Collins, CO 80524

## Autism Senvices Center

Prichard Building
605 9th Street
PO Box 507
Huntington, WV 25710-0507
(304) 525-8014

## National Hemophilia Foundation

The Soho Bldg.
Room 406
110 Greene Street
New York, NY 10002
National Spinal Cord Injury Association8300 Colesville Road

$$
\text { Suite } 551
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\text { Silver Spring, MD } 20910
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(800) 962-9629
New York Special Olympics, Inc.
504 Ba lltown Road
Build ing 12C
Schenectady, NY 12304
(800) 836- NYSO
NYS Games for the Physic ally ChallengedSUNY Brockport350 New Campus Drive
Brockport, NY 14420-2993
(716) 395-5620
or
PO Box 247
Babylon, NY 11702
(516) 669-1000 ext 295

Special Olympics, Inc.
1325 G Street, NW Suite 500
Washington, DC 20005
(202) 628-3630

Tourette Syndrome Association, Inc.
42-40 Bell Boulevard
Suite 205
Bayside, NY 11361-2820
(718) 224-2999

## US Association of Blind Athletes

33 N Institute Street
Colorado Springs, CO 80903
(719) 630-0422

[^1]
## Resources:

## GENERAL ADAPIED PHYSICAL EDUCATION TEXTS

Adapted Physical Education National Standards. (1995). Curry School of Education, University of Educ ation. Cha rottesville, VA.

Auxter, D., Pyfer, J., \& Heuttig, C. (1993). Principles and Methods of Adapted Physical Education and Recreation (7th ed.). St. Louis: Times Mirror/ Mosby.

This book provides comprehensive information about adapted physical education and advocates the task-specific approach. It also provides various approaches to task analysis and compares the developmental and task-specific approaches.

Block, M. (1994). A Teacher's Guide to Including Students with Disabilities in Regular Physical Education. Ba ltimore: Paul H. Brooks.

DePa uw, Karen P. \& Susan J. (1995). Disability and Sport. Champaign, IL: Human Kinetic s.
Dunn, J., \& Fait, H. (1989). Special Physical Education: Adapted, Individualized, Developmental. Dubuque, IA: WCB Brown \& Benchmark Publishers.

Eic hstaedt, C., \& Lavay, B. (1992). Physical Activity for Individuals with Mental Retardation: Infancy Through Adulthood. Champa ign, IL: Human Kinetics.

Fay, T., Houston-Wilson. C. \& Kowalski. E. (1995). New York State Association for Health, Physical Education, Recreation and Dance: Monograph Series: Volume 1. Latham, NY.

French, R., Henderson, H., \& Horvat, M. (1992). Creative Approaches to Managing Student Behavior. Park City, UT: Family Development Resources.

Grosse, S. (Ed.). (1991). Sport Instruction for Individuals with Disabilities. Reston, VA: AAHPERD Public ations.

Grosse, S., \& Thompson, D. (1993). Play and Recreation for Individuals with Disabilities: Practical Pointers. Reston, VA: AAHPERD Public ations.

Kla in, T. with Trader, B. \& Wayne, L. (Eds.). (1994). The Paralympics: An Overview of the Paralympic Games and the People Who Participate. Reston, VA: AAHPERD Public ations.

Leiberman, L. \& Cowart, J. (1996). Games for People with Sensory Impairments. Champaign, IL: Human Kinetics.

Miller, P. (Ed.). (1995). Fitness Programming and Physical Disability.
Paciorelc, Michael J. \& J ones, J effrey A. (1994). Sports and Recreation. Carmel, IN: Cooper Publishing Group.

Rappaport, L. (1989). Creative Play Activities for Children with Disabilities. Champaign, IL: Human Kinetics.

Seaman, J. (Ed.) (1995). Physical Best and Individuals with Disabilities: A Handbook for Inclusion in Fitness Programs. Reston, VA: AAHPERD Public ations.

Seaman, J., \& DePauw, K. (1989). The New Adapted Physical Education: A Developmental Approach. Mounta in View, CA: Mayfield Publishing Co.

Shemill, C. (1993). Adapted Physical Activity, Recreation, and Sport: Crossdisciplinary and Lifespan (4th ed.). Madison, WI: Brown \& Benc hmark.

Emphasizes coping with the increasing individual differences that confront all physical educators. Early childhood education is also included. The personnel roles for which undergraduate and graduate students can prepare, the tasks/services they are expected to perform in each role, and the competencies necessary to function as teachers and professional leaders are addressed.

Winnick, J.P. (1995). Adapted Physical Education and Sport (2nd Edition) Champaign, IL: Human Kinetics. (496 pp.)

Designed as a text and resource for present and future physical educators and coaches, Adapted Physic al Educ ation and Sport is a text for introductory adapted physical education courses, a resource for all physical education teachers of participants with special needs, and a reference for the physical part of therapeutic recreation.

## J OURNALS/ NEWSLETIERS

## ADAPIED PHYSICALACTIVITY QUARTERLY

Provides a multidisciplinary examination of physical activity for special populations. Includes reports of practical case studies and techniques for adapting equipment facilities, methodology, and/or settings for special populations. Editorial comments and opinions, a ticle abstracts, and book reviews also appear in APAQ. To order, see Human Kinetics Publishers Catalog, or write Human Kinetics, Inc., Box 507, Champaign, IL 618255076.

## JOURNAL OF PHYSICALEDUCATION, RECREATION AND DANCE

(Frances Ferguson Rowan, ed.) AAHPERD, 1900 Association Drive, Reston, VA 22091.
Published nine times per year. JOPERD covers a wide variety of current general physical education topics.

## JOURNALOF TEACHING IN PHYSICAL EDUCATION

Provides a forum for discussion and research articles concerned with the teaching process and teacher education in physic al education. Foc using on teacher and/or leaming; each issue includes research artic les based on classroom and laboratory studies. To order, see Human Kinetics Publishers Catalog.

## TEACHING EEMENTARY PHYSICALEDUCATION

Bimonthly newsletter which provides elementary physical educators an exchange of information needed to facilita te their professional development, including:

- practical ideas for activities, teaching techniques, special events, curriculum planning, fitness;
- forum for elementary physical educators to voice their opinions on professional issues; and
- motivation for elementary physical educators.


## PALAESTRA: THE FORUM OF SPORT, PHYSICAL EDUCATION AND RECREATION FOR THE DISABLED

PALAESTRA, PO Box 508, Macomb, IL 61455
Provides practical information for equipment, facilities, methodologies, and/or settings for individua ls with disa bilities.

## "SPORIS ‘N SPOKES": THE J OURNAL FOR WHEELCHAIR SPORTS AND RECREATION

Bimonthly joumal covering wheelchair competitive sports and recreation primarily for individuals with spinal cord injury, spina bifida, a mputation, and some congenital defects. Sports ‘N Spokes, 520 N. 19th Ave., Suite 111, Phoenix, AZ85015, (602) 246-9426.

## PRODUCTAND EDUCATIONAL MATERIALS CATALOGS

Human Kinetics Publishers Catalog, Human Kinetics Publishers, Inc., Box 507, Champaign, IL 61825-5076.
Offers large assortment of the latest publications organized into the following categories: fields of study, professions,sports/a ctivities, a nd joumals.
Huma n Kinetic s Publishers, Inc., Divisions:
Offers:

- HK Books
- Leisure Press
- HK Schola rly J ouma ls
- HK Professional Joumals
- American Coaching Effectiveness Program (ACEP)
- YMCA of the USA.

To order, call: 1 (800) 747-4457; FAX: 1 (217) 351-2674.
PRO-ED Catalog, Pro-Ed, 8700 Shoal Creek Blvd., Austin, TX 78758.
Conta ins la rge selection of tests, curic ular materials, books, journals, a nd material.
Offers:

- Tests for adapted behavior/functional living skills
- Curric ular materials for a da pted physic al education, rec reation, a nd leisure
- Books about assessment and learning, learning disabilities, behavioral and emotional disturbance, mental retardation, and rehabilitation
- J ournals.

For more information, c all: 1 (512) 451-3246; FAX: 1 (800) 397-7633.
Kimbo Educational Catalog, Dept. P., PO Box 477, Long Branch, NJ 07740-0477 and from Educational Activities, PO Box 87, Baldwin, NY 11510, 1 (800) 631-2187.
Offers cassettes, records, filmstrips, video, and compact disks related to perceptualmotor development.
AAHPERD Public ations, Products, a nd Services, AAHPERD, 1900 Association Drive, Reston, VA 22091-1599, 1 (800) 321-0789.
Offers materials, resources, and manuals that are updated annually.

## SOFTMARE

Cooper Institute for Aerobics Research. (1993). PERSO NAL FITNESSG RAM [Computer program]. 12330 Preston Road, Dallas, TX 75230.
This software provides a program that will generate fitness report cards on each student in the class using the Prudential Fitness Gram health-related, criterion-referenced physic al fitness test.
Kelly, L.E. (1987). Physical education management system. Hubbard Scientific. PO. Box 104, Northbrook, IL 60065.
This computer software program will manage data on up to 15 teacher-specified objectives for each class. Summarizes data for individual students or specific classes.

America On Line. Computer on-line services with access to Intemet and various organizations that promote and advocate for persons with disabilities. Modem needed. 1 (800) 827-3338.

## NEW YORK STATE EDUCATION DEPARTIMENT

## Office of Vocational and Educ ational Services for Individuals with Disabilities New York State Educ ation Department Regional Offices

OSES WESTERN
REG IO NAL O FFICE
Richmond Ave.
Batavia, New York 14020
(716) 344-2112

OSES EASTERN
REG IO NAL OFFICE
1624 OCP
Albany, New York 12234
(518) 486-6366

OSES HUDSON VALLEY
REG IO NAL O FFICE
1950 Edgewater Street
Yorktown Heights, New York 10598
(914) 245-0010

## New York State Educ ation Department Personnel

Colleen C. Canorro
Associate in Physical Education
Office for Curic ulum, Instruction, and Assessment, EMSC
New York State Education Department Room 681 EBA
Albany, New York 12234
(518) 474-5820

OSES LONG ISLAND
REG IO NAL OFFICE
The Kellum Educational Center 887 Kellum Street
Lindenhurst, New York 11746
(516) 884-8530

OSES NYC
REG IO NAL OFFICE
Room 545
55 Hanson Place
Brooklyn, New York 11217
(718) 722-4544

Candace H. Shyer
Associate in Special Education
Office for Special Educ ation Services, VESID
New York State Education Department One Commerce Avenue, Room 1624
Alba ny, New York 12234
(518) 473-2878

## SPEC IAL EDUCATION ADMINISTRATOR LEADERSHIP TRAINING ACADEMY

Southern Tier SEALTA
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Hornell, NY 14843
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[^0]:    Note: This Rating Scale has been revised from: Winnick, J.P. (1995). Adapted Physical Education and Sport (2nd Edition) Champaign, IL: Human Kinetics.

[^1]:    Wheelc hair Sports, USA/ National Wheelc hair Athletic Association

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