

**COURSES ACCEPTED AS MEETING THE COACHES' FIRST AID REQUIREMENT**  
**Revised April 2023**

FIRST AID – All cards and/or certificates must be renewed per certifying agency requirements.  
**COMPLETELY ONLINE COURSES ARE NOT ACCEPTED.**  
**ALL COURSES MUST INCLUDE HANDS ON LEARNING.**

Please note: Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate(s) (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

**1. New York State Education Department (NYSED)**

An approved agency that offers First Aid using NYSED's course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years). Reference the Department's [Approved Coaching Courses Information webpage](#).

**2. American Red Cross Core Courses** (additional course modules may be on card, but only the core course is considered for acceptance)

- Emergency Medical Response
- Lifeguarding
- Responding to Emergencies First Aid
- Responding to Emergencies Adult and Child First Aid/CPR/AED
- Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
- Shallow Water Lifeguarding (up to 5 ft)

**3. American Safety & Health Institute (ASHI)**

- Advanced First Aid

**4. Emergency Care & Safety Institute (ECSI)**

- Advanced First Aid, CPR, and AED
- Sports First Aid and Injury Prevention-NYS Coaches
- Wilderness First Aid

**5. National Safety Council**

- Advanced First Aid, CPR, and AED

**6. NYS Department of Health (DOH) Bureau of Emergency Medical Services**

- Certified First Responder

**7. National Ski Patrol**

- Outdoor Emergency Care (card will include the word "technician," and cycles A, B, and C do not have to be completed for card to be valid)

\*THE FOLLOWING PROFESSIONALS do not need to submit a valid First Aid course certificate as part of their coaching license application. However, they will need to submit a valid CPR/AED certificate for their application\*:  
a. Certified Emergency Medical Technicians (EMT) and Paramedic, b. Fire & Police Officers (full time)

\*Individuals holding a NYS PROFESSIONAL LICENSE issued by the Office of the Professions in any of the medical fields identified below can meet the NYS First Aid requirement by submitting verification of their license registration and provide either a current letter of employment or verification of any current first aid course. They will also need to submit a valid CPR/AED certificate for their coaching license application. a. All Nurses (RN, LPN, NP), b. Physician – Physician Assistant (MD, DO), c. Certified Athletic Trainer (ATC), d. Dentists (Includes Oral and Maxillofacial Surgeons), e. Physical Therapists, f. Optometrists

**COURSES ACCEPTED AS MEETING THE COACHES' CPR/AED REQUIREMENT**  
**Revised April 2023**

CARDIOPULMONARY RESUSCITATION (CPR)/ AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

All cards and/or certificates must be renewed per certifying agency requirements

COMPLETELY ONLINE COURSES ARE NOT ACCEPTED.

ALL COURSES MUST INCLUDE HANDS ON LEARNING.

Please note: Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate(s) (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

**1. New York State Education Department (NYSED)**

An approved agency that offers CPR using the SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid). Reference the Department's [Approved Coaching Courses Information webpage](#).

**2. American Heart Association Courses (AHA) Core Courses** - May include RQI credentials in addition to core course name

- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS )
- Heartsaver CPR/AED (title may include pediatric, K-12 schools, or first aid)

**3. American Lifeguard and Safety Training**

Course Name	Certificate Name
Lifeguarding	Lifeguard, CPR/AED, First Aid
Lifeguarding, Waterfront	Lifeguard, Waterfront, CPR/AED, First Aid
Shallow Pool Lifeguarding	Shallow Pool Lifeguard, CPR/AED, First Aid
Lifeguarding Recertification	Lifeguard, CPR/AED, First Aid Recertification
Lifeguarding, Waterfront Recertification	Lifeguard, Waterfront, CPR/AED, First Aid Recertification
Shallow Pool Lifeguarding Recertification	Shallow Pool Lifeguard, CPR/AED, First Aid Recertification
CPR/AED	CPR/AED for BLS Providers
CPR/AED	CPR/AED for Professionals
CPR/AED	CPR/AED for Lifeguards
CPR/AED, First Aid	CPR/AED, Advanced First Aid

**4. American Red Cross Core Courses** (additional course modules may be on card, but only the core course is considered for acceptance)

- Adult CPR/AED (Note: For high school level coaches only)
- Adult & Child CPR/AED
- Adult & Pediatric CPR/AED
- Basic Life Support for Health Care providers (BLS)
- CPR/AED for Professional Rescuers and Health Care Providers
- CPR/AED for Professionals (title may or may **not** include the term "rescuer")

## Courses Accepted as Meeting the Coaches First Aid and CPR/AED Requirements

- Emergency Medical Response
- Lifeguarding/First Aid/CPR/AED
- Responding to Emergencies Adult First Aid/CPR/AED (Note: for high school level coaches only)
- Responding to Emergencies Adult and Child First Aid/CPR/AED
- Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
- Shallow Water lifeguarding (up to 5 ft)/First Aid/CPR/AED

### **5. American Safety & Health Institute (ASHI)**

- Adult CPR/AED (For High School level Coaches only); Adult and Child CPR/AED; or Adult, Child and Infant CPR/AED

### **6. Emergency Care & Safety Institute (ECSI)**

- First Aid, CPR and AED
- Health Care Provider CPR & AED
- Sports First Aid & Injury Prevention-NYS Coaches

### **7. National Safety Council (NSC)**

- Adult and Child CPR & AED ; or Adult, Child and Infant CPR/AED
- Advanced First Aid, CPR, and AED
- BLS Healthcare and Professional Rescuer

### **8. ProTrainings**

- Adult, Child, and Infant CPR/AED
- Adult, Child, and Infant, Pediatric CPR/AED & First Aid
- Adult CPR/AED
- Healthcare Provider (BLS) Adult, Child and Infant CPR/AED Adult, Child, and Infant CPR/AED + First Aid
- Adult CPR/AED + First Aid
- Healthcare Provider (BLS) Adult, Child, Infant CPR/AED + First Aid

### **9. Starguard Elite**

- Starguard Lifeguarding

### **10. NYS Department of Health (DOH) Bureau of Emergency Medical Services**

- Certified First Responder