NEW YORK STATE EDUCATION DEPARTMENT
Career Plan

Intermediate Level

1. Personal Data

Name: _____

Student Identification Number: _____

School: _____

2. Review of Student Career Plan

		Possible Participants *(Initials)*				
Grade Level:	**Date of Review:**	**Student:**	**Parent/ Guardian:**	**Teacher:**	**Counselor:**	**Other:**

3. Knowledge

A. **Self-knowledge:** *"Who am I?"*

1. **Interests:** *List your top two choices for each of the following areas of interest:*

Grade Level:	**1a. Personal:** *Out-of-school activities you enjoy the most*	**1b. Academic:** *Classes or subjects you enjoy the most*	**1c. Work Preferences:** *Working with people or alone; working with things or ideas*

2. **Abilities:** *List personal skills and talents that will be helpful in a career choice:*

Grade Level:	"I am good at . . . "	"Career areas where my abilities will be useful . . . "

3. Personal and school areas I need to strengthen:

Grade Level:	"I need to strengthen . . . "	"Steps I will take to strengthen these areas . . . "

B. Career Exploration: *"Where am I going?"*

1. **School, Work or Community Experiences:** *I have participated in the following school, work, or community experiences:*

Grade Level:	School, Work, Community Experiences:	Skills Acquired Through Experience:

2. **Careers of Interest and Characteristics:** *I am interested in the following careers and have discovered the following information about these careers:*

Grade Level:	Careers of Interest:	Education Requirements:	Skills I Need to Acquire:	How May This Career Fulfill My Personal Goals and Society's Needs

C. Future Goals and Decision-Making: *"How do I get there?"*

Career Goals, Action Steps, and Education:

Grade Level:	Goals: *(resulting from career exploration activities)*	Action Steps: *(what I need to do to accomplish my goals)*	Check Off Steps Completed

4. Skills/Application: *"What do I need to know?" "What skills are important to me?" "What am I learning?" "Why am I Learning it?" "How can I use it?"*

Directions: *Briefly describe a classroom experience or activity that helped you to acquire each of the following skills needed to succeed in life, work, and school. Identify the subject area in which the experience or activity took place. Explain how you may apply the skill in your life or future work.*

Skills:	Experience/Activity:	Subject Area	Application
Basic Skills: Listens to, reads, and analyzes the ideas of others; acquires and uses information from a variety of sources; applies mathematical operations to solve problems orally and in writing.			
Thinking Skills: Evaluates facts, solves advanced problems, and makes decisions using logic and reasoning skills.			
Personal Qualities: Demonstrates an understanding of the relationship between individuals and society.			
Interpersonal Skills: Demonstrates the ability to work with others, presents facts that support arguments, listens to differing points of view, and engages in a shared decision-making process.			
Technology: Selects and uses appropriate technology to complete a task.			
Managing Information: Selects and communicates information in an appropriate format (e.g., oral, written, graphic, pictorial, multimedia).			
Managing Resources: Understands the financial, human, and material resources needed to accomplish tasks and activities.			
Systems: Understands the process of evaluating and changing systems in an organization.			

5. Culminating Activity

Directions: *Describe the activity that you completed and what you learned as a result.*

Activity:	What I Learned: