Learning Standards for

Health, Physical Education, and Family and Consumer Sciences

THE UNIVERSITY OF THE STATE OF NEW YORK Regents of The University

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Acknowledgments

Many contributors to this document are recognized in the Preliminary Draft Framework for Health, Physical Education, and Home Economics (Home Economics is now known as Family and Consumer Sciences). We are also grateful to the many teachers from throughout New York State who contributed performance tasks and samples of student work for possible inclusion in this revised edition. Listed below are the names of those educators who submitted or reviewed the materials that appear in this document.

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Introduction

This revised edition of the Learning Standards for Health, Physical Education, and Family and Consumer Sciences incorporates changes to the content standards and performance indicators based on extensive review by the public. It should be considered a working document; as educational practice improves, these standards will continually be revised.

New in this edition are samples of student work, along with teachers' comments on the work. The examples are intended to provide some ideas of tasks that support attainment of the performance standards. They are not models of excellence. Rather, they represent various levels of acceptable work. It is important to remember that these are just suggestions of ways that students can demonstrate progress toward achieving the standards.

The State Education Department will continue to collect and publish samples of student work. As teachers become more familiar with the standards and students become more proficient in meeting them, the level of the performance standards and content standards will continue to rise.

Taken together, the content standards and the performance standards define the learning standards for students in Health, Physical Education, and Family and Consumer Sciences.

The Board of Regents recognizes the diversity of students in New York State, including students with disabilities, students with limited English proficiency, gifted students, and educationally disadvantaged students, and has made a strong commitment to integrating the education of all students into the total school program. The standards in the framework apply to all students, regardless of their experiential background, capabilities, developmental and learning differences, interests, or ambitions. A classroom typically includes students with a wide range of abilities who may pursue multiple pathways to learn effectively, participate meaningfully, and work towards attaining the curricular standards. Students with diverse learning needs may need accommodations or adaptations of instructional strategies and materials to enhance their learning and/or adjust for their learning capabilities.